

Price Increase Notice

Starting **May 1, 2026**, there will be a small increase in our service fees. New pricing is here:

PHYSIOTHERAPY

Free Consultation (15 mins)	\$0
Initial Assessment (45 min)	\$120
Follow Up (30 min)	\$105
ICBC Initial Assessment	\$0
ICBC Follow up (20 mins)	\$0
ICBC Follow Up (30 mins)	\$10
WSBC	\$0

RMT MASSAGE THERAPY

PLUS
GST

60 Minutes	\$140
45 Minutes	\$115
30 Minutes	\$90
Initial ICBC (60 mins)	\$0
ICBC Follow Up (45 mins)	\$15
ICBC Follow Up (60 mins)	\$41
MSP (30 mins)	\$65

KINESIOLOGY

PLUS
GST

Free Consultation (15 mins)	\$0
Initial Visit 1:1 (60 mins)	\$100
Follow Up 1:1 (45 mins)	\$90
Partner Training 2:1 (45 mins)	\$45
ICBC Kinesiology (45 mins)	\$0
6 Pack or 10 Pack	Ask

COUNSELLING

Free Consultation (15 mins)	\$0
ICBC	\$0
Private (Initial and Follow up)	\$155

CLINICAL PILATES (Physio)

Initial Visit (45 mins)	\$145
Follow Up (45 mins)	\$145
Follow Up (30 mins)	\$110

VESTIBULAR THERAPY (Physio)

Initial Visit (60 mins)	\$180
Follow Up (45 mins)	\$145

CONCUSSION THERAPY (Physio)

Initial Visit (60 mins)	\$180
Follow Up (45 mins)	\$145

RUNNING ASSESSMENT (Physio)

Initial Visit (45 mins)	\$145
Follow Up (30 mins)	\$110

PELVIC HEALTH (Physio)

Initial Visit (60 mins)	\$180
Follow Up (30 mins)	\$110

GOLF THERAPY (Physio)

Initial Visit (45 mins)	\$145
Follow Up (30 mins)	\$110

ACUPUNCTURE

Free Consultation (15 mins)	\$0
ICBC	\$0
Initial Assessment (55 min)	\$140
Follow Up (45 min)	\$115

Please note: 24 hours' notice is required for any cancellation or no show to prevent the full fee from being applied. Thank you.